



YAC Report

Cassidy Barnert

February 16, 2018

June started off with 4-H on Parade at the Stampede Grounds. On Thursday night, I volunteered as a multi-judging judge and listened to over 50 seniors give their reasons. Saturday and Sunday were spent at the dog show as I am a member of the organizing committee and had 5 members from my club participating.

A week later, I flew to Tucson Arizona to participate in the Careers on the Grow experience at the Tucson Village Farm. During our first week in Arizona we worked on the farm doing daily chores, silk screening T-shirts, and prepping for Adventure camp! For our second week, we were staff members at Adventure Camp. This experience motivated and inspired me to think about the connection between my degree and future career options.

I attended the 2nd annual Global Network Summit in Ottawa in July. The entire summit saw a plethora of incredible keynote speakers, panelists, delegates, and volunteers come together to share their unique perspectives that they bring from their 4-H groups from around the world. I had the opportunity to present on Youth in Governance, and my Careers on the Grow experience as well as reconnect with 8 of my fellow 2016 GGSL Ghana delegates.

September was spent reviewing yet another amazing summer with 4-H. As a part of the Marketing and Communications working group, I wrote articles for these trips in the 4-H Alberta Magazine and the 4-H Advantage magazine. Also, I wrote

a blog post for 4-H Canada on “5 Ways to Keep Healthy Living in Mind This Holiday.”

My 4-H club, the Millarville Mutts and Mustangs resumed in September with a record number of 60 members. I’m the canine project leader and instructor to 17 of them! The members and their dogs are learning lots with 3 trainings or clinics a month. I’m currently planning a Canine Regional Fun Day to be on April 21st for the 5 clubs in the region.

At the University of Calgary, we started the UC 4-H club. We’ve had social events each month to connect the 4-Hers at UofC and have ran over 5 public speaking workshops for clubs in our region.

Like many 4-Her’s, I celebrated Show Your Colours on November 1st and wrote a blog on <https://www.showyour4hcolours.ca/stories/eat-sleep-4-h-repeat/> as well as shared my 4-H spirit on social media.

From February 7-10th, I attended the 4-H Canada Leadership Summit in Ottawa. As a YAC member, I helped emcee, ran a workshop on public speaking and did the closing statement. It was great to connect with the YAC members from across the country. I’ve moved off of the Marketing and Communications working group to the Conferences working group. I’m excited to help facilitate the 4-H Canada Citizenship Congress in May.

As we move into spring, I look forward to another summer filled with 4-H. I hope to apply for the Youth Service Leaders program to work with the Club-Club exchanges.

I've attached a few photos below from the trips. I look forward to updating everyone again. In the meantime, please do not hesitate to direct any questions or comments to Yvonne Yaremccio or myself.

Kindest Regards,

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