



# “Friend of 4-H” Recognition Award

**Southern Alberta 4-H Regional Friend of 4-H or  
\_\_\_\_\_ District (please fill in) Friend of 4-H**

**NOMINATION FORM year: 20\_\_**

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**Do you know someone who has significantly contributed to 4-H in the Southern Alberta 4-H Region or  
in a District (within the Southern Region)?**

If so, they could be considered for the “Friend of 4-H” Recognition Award. This award will be presented at the Annual Regional Celebration Night, recognizing the Regional Friend of 4-H as well as Friends of 4-H from each of the 10 districts in the South.

- \*\*Nominees need not be only leaders, assistants or council members.
- \*\*Their contribution to 4-H should have extended over a number of years, and should have, as much as possible, been extended over the Region.
- \*\*They may or may not still be actively involved in 4-H.

Selection of the “Regional Friend of 4-H” will be by the Southern Alberta 4-H Regional Council. Selection of the “District Friend of 4-H” will be by the appropriate District Council – information is still requested to be sent to the Regional 4-H office for information purposes.

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Please be as specific as possible in providing the following information (point form allowed & more lines may be added if needed):

**NOMINEE’S NAME IN FULL:** \_\_\_\_\_

**MAILING ADDRESS:** \_\_\_\_\_

\_\_\_\_\_ **POSTAL CODE** \_\_\_\_\_

**TELEPHONE/FAX/CELL #:** \_\_\_\_\_

**BACKGROUND:** (\*Point form preferred) Add additional pages if desired.

**1. APPROXIMATE NUMBER OF YEARS & DATES OF 4-H INVOLVEMENT** (at Regional or District Level – please indicate):

( examples: 5 yrs –1980-85 Regional Council Treasurer, 1985-86 Chair of Scholarship Committee, 1981 – ’86(5 yrs) Chair of the Southern Alberta 4-H Regional Light Horse Committee, 1999-2000 District President, etc. etc. etc.)

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**2. SIGNIFICANT CONTRIBUTIONS or NEW INITIATIVES CREATED AT REGIONAL LEVEL**

(examples: 1982- created XYZ Scholarship, 1998 Initiated "Mini Regional Leader Workshops" or 2000 - started Socks Regional Raffle that is still going today)

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**3. OTHER 4-H INVOLVEMENT** (if possible with dates/years):

**a) Local or Club:** \_\_\_\_\_

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**b) District:** \_\_\_\_\_

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**c) Provincial/National (if any):** \_\_\_\_\_

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**4. Any Other Comments as to why this nominee is deserving of this award.**

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**Name submitted by** \_\_\_\_\_ **Contact #:** \_\_\_\_\_

**MAIL TO: "Friend of 4-H"**  
**c/o Southern Alberta 4-H Regional Council**  
**Agriculture Centre**  
**100 – 5401 - 1st Ave South**  
**Lethbridge, AB T1J 4V6**

or fax to: (403) 382-4526 (Lethbridge 4-H Office)    Phone: (403) 381-5815

or e-mail: Carol High (President, Southern Alberta 4-H Regional Council) at [jeffcarol@soderglen.com](mailto:jeffcarol@soderglen.com)  
or [ginny.smith@gov.ab.ca](mailto:ginny.smith@gov.ab.ca)  
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